

# INDIAN ASSOCIATION OF LIFE SKILLS EDUCATION



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Online Training of Trainers  
Empowerment Programme in Life Skills  
(IALSE-OTTEP 2024)

**6<sup>th</sup> – 13<sup>th</sup> May,  
2024**

## Concept:

Recognizing the increasing importance of Life Skills education and the need for proficient facilitators, the Indian Association of Life Skills Education (IALSE) presents the Online Training of Trainers Empowerment Programme in Life Skills (IALSE-OTTEP 2024). This program aims to equip participants with the knowledge and skills essential for effectively imparting Life Skills education in diverse contexts. Over the span of 8 days, participants will engage in interactive online sessions led by experienced trainers, covering fundamental aspects of Life Skills education.

## Program Overview:

**Duration:** 7 days (6<sup>th</sup> – 13<sup>th</sup> May, with a one-day break on Sunday, 12<sup>th</sup> May), with each session lasting 2 hours

**Mode:** Online sessions conducted via Google Meet

**Language:** English

**Objective:** To train participants as proficient trainers and facilitators in Life Skills education

### **Format:**

- Interactive online sessions covering core Life Skills concepts
- Hands-on activities and group discussions
- Access to online resources and materials for further learning
- Certificate of participation issued by IALSE

### **Who can participate:**

- Individuals with an interest in Life Skills education
- Minimum graduation or equivalent educational qualification required

### **Admissions:**

- Limited seats available
- Admissions based on a first-come, first-served basis

	<b>Academicians/ Professionals</b>	<b>IALSE members (all types)</b>	<b>Research Scholars/ Students</b>
<b>Registration fees</b>	<b>INR 3,000/-</b>	<b>INR 2000/-</b>	<b>INR 1500/-</b>

### How to Apply:

- Fill out the registration form (<https://forms.gle/xBiMZxfp5EMcBy9i6>) and upload the payment transaction screenshot.
- Details for making the payment IALSE-OTTEP 2024:

**Bank details for making payment**

Amount payable to:

Name of a/c holder: **Indian Association of Life Skills Education**


Bank Name: **Canara Bank**

Savings A/c No: **2926101003784**

Branch: **No. 9, First Avenue, Ashok Nagar, Chennai 600083**

IFSC code: **CNRB0000975**

MICR Code: **600015006**



64729346003784@cnrb

Scan using any BHIM UPI enabled APP

INDIAN ASSOCIATION OF LIFE SKILLS EDUCATION

केनरा बैंक Canara Bank

BHIM Google Pay Paytm Phone Pe

### Tentative Program:

Date	Day	Topic
06.05.2024	Monday	Introduction, Training Methodology, Introduction to Life Skills
07.05.2024	Tuesday	Self-awareness, Empathy
08.05.2024	Wednesday	Critical thinking, Creative thinking
09.05.2024	Thursday	Decision making, Problem solving
10.05.2024	Friday	Effective communication, Interpersonal relationship
11.05.2024	Saturday	Coping with emotions, Coping with stress
12.05.2024	Sunday	Break
13.05.2024	Monday	Teach-back sessions, Closing remarks, Valedictory

## About IALSE:

The Indian Association of Life Skills Education (IALSE) has been a pioneer in promoting Life Skills education in India since 2010. It has a pan-India presence, with over 250 members and counting. Through various training programs and initiatives, IALSE strives to strengthen the understanding and application of Life Skills among diverse stakeholders. (www.ialse.net)

For further inquiries, please feel free to contact us:

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*Join us for an enriching journey that will equip you with the skills and knowledge required to make a meaningful impact in the field of Life Skills education. Register now to secure your spot in the Online Training of Trainers Empowerment Programme in Life Skills (IALSE-OTTEP 2024) and embark on a path of empowerment and growth.*